



**FOR IMMEDIATE RELEASE**

**FAMILY BEHAVIORAL RESOURCES, INC.  
ANNOUNCES THE DEVELOPMENT OF TRAUMA SERVICES**



**Greensburg, Pennsylvania – February 11, 2010**— Family Behavioral Resources (FBR), a leader in specialized behavioral health services, is excited to announce a new specialty line of care. **FBR Trauma Services** will fulfill a significant need for children and their families who have experienced abuse, neglect, multiple placements and/or other traumatic life events and who are struggling to support positive behavioral and emotional development. FBR's recent focus on trauma and attachment continues its mission of providing quality clinical care.

The Trauma Services Team is currently in the planning phase. Some of our short term goals are:

- *Identify and provide specialized training of clinical staff*
- *Design and deliver an internal comprehensive training curriculum specific to trauma and attachment disorders*
- *Contract with an expert in the field of trauma and attachment to provide training, consultation and supervision during the first year of implementation to ensure consistent, quality mentoring and clinical care*

As part of the planning phase, FBR invites community stakeholders including child service providers, mental health professionals, educators, and consumers to join an open and collaborative discussion of the strengths, needs, abilities and preferences of children and families during a focus group on March 31, 2010 from 6PM to 9PM at the Four Points Sheraton in Greensburg. FBR is honored to have Daniel A. Hughes Ph.D., the author of three books including *Building the Bonds of Attachment, 2nd edition*, (2006), and *Attachment-Focused Family Therapy* (2007) and creator of an attachment-focused treatment, Dyadic Developmental Psychotherapy, participate in the focus group and support program development and training. A flyer with additional details is available for download on our website, [www.familybehavioralresources.com](http://www.familybehavioralresources.com). Please join us and help give at-risk children a voice.

FBR will continue to collaborate with families, professionals, agencies and other child-serving systems to identify and prioritize common goals. We appreciate your support as we develop and begin to deliver Trauma Services. Trauma Services will be led by FBR's Director of Trauma Services, Jennifer Austad, LCSW, with oversight by Chief Operating Officer, Rick J. Murray, LSW, BCBA. We extend our gratitude and great appreciation to Westmoreland County MH/MR for their collaborative efforts in supporting this project.

“Jennifer Austad came to FBR in December 2006 to pursue a dream – to create a specialized treatment team to support individuals and families who are impacted by trauma and attachment disorders. Originally a Senior Therapist at FBR, she has served as a mentor and trainer to her peers and staff who provide care to this population within our clinics. Receipt of state funding to develop Trauma Services at FBR is just one more example of Austad's tireless efforts and commendable passion. To quote the name of the training she developed for our staff, she truly believes ‘It Shouldn't Hurt to Be a Child.’”

To further demonstrate our commitment to providing comprehensive trauma services, FBR is also pleased to announce its participation with **Give an Hour**, a nonprofit organization providing free mental health services to U.S. military personnel and families affected by the current conflicts in Iraq and Afghanistan. Services offered by this program have also been extended to individuals impacted by the tragic events in Haiti.

Family Behavioral Resources is an organization located in Pennsylvania that serves consumers in eighteen counties. FBR has eighteen Behavioral Health Rehabilitation Services (BHRS) locations, four clinics that provide Outpatient Mental Health Services, Family-Based Mental Health Services, Specialized Autism Services, Adult Autism Services, Summer Therapeutic Activities Programs, and extensive community outreach. FBR celebrated its tenth year of service in 2009. FBR's mission is to provide services of the highest clinical integrity to its consumers and surrounding community. Consistent with FBR's mission, the agency received accreditation for three of its programs in January 2010 through the Commission on Accreditation of Rehabilitation Facilities (CARF).

For additional information, contact the Corporate Office of Family Behavioral Resources at 724-850-8118, toll free at 1-866-432-7273, or visit [www.familybehavioralresources.com](http://www.familybehavioralresources.com).