

WHAT ELSE CAN FBR OFFER TO MY FAMILY?

We take pride in our communities and meet the individual needs of each community we serve through outreach efforts. In addition to Outpatient Mental Health Services, we offer:

- BHRS (“Wraparound”)
- Specialized Autism Services
- Medication Management
- Child Abuse Prevention Committee
- Summer Therapeutic Activities Programs
- Family Support Groups
- Sibling Support Groups
- Social Skill / Play Groups
- H.O.P.E. for Tomorrow Focus Groups
- Consultants / Trainings for School Districts
- Parent-Professional Workshops
- Resource Packages for Families

Our Family Support Coordinator, Catherine Hughes, is a parent to a child with special needs. She is available for identifying community resources, information, as well as provides caring support for families.

All services at FBR are under the oversight of our **Chief Operating Officer**, Rick J. Murray. Mr. Murray is a Licensed Social Worker with a specialization in Mental Health, and is a Board Certified Behavior Analyst. He has worked and supervised staff within BHRS, outpatient, and partial hospitalization settings for over 13 years.

**Come learn more
about us on the web:**

www.familybehavioralresources.com



ABOUT THE FAMILY BASED TEAM AT FBR

The Family Based Mental Health Services staff at Family Behavioral Resources are committed to the highest quality of care for the families, and they seek innovative, resourceful and inclusive methods to address a wide spectrum of issues families deal with on the day to day.

We are now offering Family Based Mental Health Services in the following counties: Crawford, Mercer and Venango.

Questions and referrals regarding Family Based Mental Health Services can be directed to:

Susan L. Roop, M.A., NCC, LPC
c/o FBR Butler Office
Warner Office Center
200 Renaissance Drive, Suite 401
Butler, PA 16001
724-282-9010 (Office)

1-866-FBR-FBMH
724-858-6958 (Crisis Number)
724-282-9019 (Fax)

butlerfamilybased@familybehavioralresources.com

At FBR, it is our policy that services are provided and admissions and referrals are made without regard to race, sex, color, national origin, ancestry, religion, creed, disability or age.



A CARF Three-Year Accreditation has been awarded to Family Behavioral Resources for its Intensive Family-Based Services - Mental Health (Children and Adolescents), Outpatient Treatment - Mental Health (Adults), and Outpatient Treatment - Mental Health (Children and Adolescents). *BHRS program is accredited under Outpatient Treatment. Ask us about CARF today!



FAMILY BASED MENTAL HEALTH SERVICES



Family Focused Therapy

Sometimes, families need a higher level of care to avoid out of home placements and/or inpatient hospitalization.

Our intensive, yet caring therapeutic services will work to keep your family unit together.

724-282-9010

Toll Free: 1-866-FBR-FBMH
(1-866-327-3264)

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MISSION STATEMENT

It is the mission of Family Behavioral Resources to be a leader in delivering the highest quality of recovery-oriented mental health services. Services are designed in accordance with FBR's philosophy of care, and delivered through a variety of theoretical approaches and interventions based on evidence-based practice. We are committed to supporting children, families and their surrounding community with quality care which upholds the utmost integrity. *Here, caring is everything.*



OUR PHILOSOPHY

FBR does not embrace one specific method or theory to treat our consumers. We respect children's unique perspectives, culture, learning styles and behavioral needs as well as the family's identification and prioritization of current need areas.

WHAT FAMILY-BASED MENTAL HEALTH SERVICES CAN FBR PROVIDE?

Family Based Mental Health Services (FBMHS) have been established for over a decade now, and they are designed to meet the therapy needs of the entire family unit, not just an individual child or adult in the home. Once qualification for services is established, a therapy team will meet with the family in the home to work on assessing the identified needs of all members. The therapy is provided in a home-based setting to help support each family member and to address a multitude of issues that influence the family system.

In addition to a strength-based counseling approach, the therapeutic team provides case management, training, education, and links to additional resources targeted to empower the family unit. FBMHS include but are not limited to:

- *Crisis intervention & stabilization*
- *Education and skill building*
- *In-home therapy provided weekly*
- *Individualized treatment plans designed to target specific needs and goals of each family member*
- *Services provided both by individual clinicians and by therapeutic team together*
- *Psychological and Psychiatric professionals on staff*
- *Rapid response in life crisis or emergency*
- *Therapeutic support available 24/7*

YOUR RIGHTS AND RESPONSIBILITIES AS A CONSUMER

As a consumer of FBR's services, you have the right to be treated with dignity and respect and to receive the same consideration and treatment as anyone else regardless of your age, race, creed, religion, disability or sexual preference.

As a client, you also have responsibilities as well as rights regarding treatment.

These responsibilities include:

- *Being honest and direct*
- *Understanding your treatment plan*
- *Following the treatment plan*
- *Keeping all scheduled appointments*
- *Being an active partner in treatment*

WHAT ARE THE GOALS OF FAMILY-BASED MENTAL HEALTH SERVICES?

- *Strengthen, empower, and maintain the family unit*
- *Introduce new parenting skills by teaching methods for more effectively managing the child/children's challenging behaviors*
- *Advocacy for the family in the school and community, including linkages to relevant support and step-down services*
- *Assessment of family strengths and needs*
- *Design and implement a plan of care with specific objectives and goals for family members that will address desired outcomes*
- *Assistance with obtaining medication evaluations and management as needed*
- *Provision of culturally sensitive, child-centered and family focused therapy sessions*
- *Therapists available for family emergencies and crisis intervention 24 hours a day, 7 days a week.*

