

Key for Types of Support Groups Offered:
Family Support-° Social Skill/Play- ^ Sibling Support- *

°^ **Armstrong County Groups:**

206 Fifth Ave Suite B Ford City, PA 16226
724-548-7747

armstrong@familybehavioralresources.com

°^ **Beaver Groups:**

1301 Riverside Drive Beaver, PA 15009
724-775-1362

beaver@familybehavioralresources.com

°^* **Bedford Groups:**

5 East South Street Everett, PA 15537
814-652-0270

bedford@familybehavioralresources.com

°^ **Brentwood Groups:**

101 Towne Square Way Suite 239; Pittsburgh, PA 15227
412-881-2400

brentwood@familybehavioralresources.com

°^ **Butler Groups:**

200 Renaissance Drive, Suite 401; Warner Center
Butler, PA 16001
724-282-9010

butler@familybehavioralresources.com

°^ **Cranberry Township Groups:**

20399 Route 19 Suite 110; One Landmark North
Cranberry Township, PA 16066
724-772-2677

cranberry@familybehavioralresources.com

°^ **Indiana Groups:**

1380 Route 286 Highway East; Suite 526
Airport Professional Center

Indiana, PA 15701

724-463-3600

indiana@familybehavioralresources.com

°^* **Latrobe Groups:**

3576 Rt 30W, Suite 7
Latrobe, PA 15650
724-537-8100

latrobe@familybehavioralresources.com

°^ **Mercer Groups:**

The Arc of Mercer County (MCAR) @ MCAR's Café
850 North Hermitage Road, Hermitage, PA 16148
724-981-4462

mercerc@familybehavioralresources.com

° **Monroeville Groups:**

2526 Monroeville Blvd; Suite 200A

Monroeville, PA 15146

412-824-4005

monroeville@familybehavioralresources.com

°^* **New Kensington Groups:**

4 Kensington Square; Suite A
New Kensington, PA 15068

724-335-9733

newkensington@familybehavioralresources.com

°^ **North Hills Groups:**

8035 McKnight Road; Suite 102 Pittsburgh, PA 15237

724-449-9222

northhills@familybehavioralresources.com

°^ **North Huntingdon Groups:**

8960 Hill Drive, North Huntingdon, PA 15642

724-861-9200

northhuntingdon@familybehavioralresources.com

°^ **Robinson Groups:**

1000 Cliff Mine Road Suite 100; Pittsburgh, PA 15275

412-788-4224

robinson@familybehavioralresources.com

° **Somerset Groups:**

140 West Union Street Somerset, PA 15501

814-444-0620

somerset@familybehavioralresources.com

°^ **Uniontown Groups:**

253 S. Mt. Vernon Avenue

Uniontown, PA 15401

724-438-4960

uniontown@familybehavioralresources.com

°^ **Washington Groups:**

90 West Chestnut Street; Millcraft Center Suite 110 LL

Washington, PA 15301

724-229-0311

washington@familybehavioralresources.com

At FBR, it is our policy that services are provided and admissions and referrals are made without regard to race, sex, color, national origin, ancestry, religion, creed, disability or age.



A CARF Three-Year Accreditation has been awarded to Family Behavioral Resources for its *Intensive Family-Based Services - Mental Health* (Children and Adolescents), *Outpatient Treatment - Mental Health* (Adults), and *Outpatient Treatment - Mental Health* (Children and Adolescents). *BHRS program is accredited under Outpatient Treatment. Ask us about CARF today!



Family Behavioral Resources

Here, caring is everything

SUPPORTING FAMILIES AFFECTED BY AUTISM



Family Focused Therapy

**“For a community
to be whole and healthy,
it must be based
on people’s love and
concern for each other.”**

Millard Fuller

1-866-4-FBR-ASD (Toll Free)

(1-866-432-7273)

autismservices@familybehavioralresources.com

www.familybehavioralresources.com



FAMILY SUPPORT GROUPS

Partnered with the Advisory Board on Autism and Related Disorders (ABOARD), our support groups offer parents and other family members to access much needed camaraderie, resources, and support in relation to their struggles with the diagnosis of an Autism Spectrum Disorder. Our groups are facilitated by members of the Autism Team, yet remain parent-driven. The monthly group format varies between open discussion and topics or speakers based on feedback from our members. One consistent element of the groups is to share success stories about our children with a diagnosis. It reminds us that even the smallest of accomplishments speaks volumes, as our loved ones often struggle to achieve what comes so naturally to others.

Groups are held monthly in an FBR office unless otherwise noted, and are usually two hours in length. RSVPs are encouraged, but not required, for the adult portion of the group. We do require RSVPs for the social skill groups, so that we can ensure enough staff and materials for the evening. Families are welcome to attend more than one group to reap the benefits of support. Families need not be served by FBR to attend our groups.

SOCIAL SKILL/ PLAY GROUPS

Coinciding with our Family Support Groups, our social skill/play groups are offered for diagnosed children and their siblings in every region that FBR serves. Master's and Bachelor's level clinicians facilitate our groups with experience in developing social and age-appropriate play skills for children with autism and Pervasive Developmental Disorder. Our groups for children are structured to include highly structured therapeutic activities that focus on the development of social play skills and promote positive social interactions with peers. Children are grouped by age and level of functioning to encourage appropriate peer modeling. Snacks are provided to the children, and children with special dietary needs can often be accommodated upon request. Siblings are welcome to attend groups with their affected brother or sister.

SIBLING SUPPORT GROUPS

Our sibling support group provides an opportunity for positive interactions amongst siblings of children with autism. Groups are facilitated by an FBR Autism Team Representative or other clinician(s). Children have the opportunity to provide support to and learn from each other while participating in structured yet fun activities. These support groups are based on attendance and offered in our Bedford, Somerset, and New Kensington offices; however, we are open to hosting more as needs are identified.

ASPERGER'S SYNDROME SUPPORT GROUPS

The Asperger's Syndrome support groups are offered for older children on the Autism Spectrum. It is comprised of children who have Asperger's Syndrome (or a similar high-functioning diagnosis) that need a different level of activities from our Social Skill/Play Group. This group should not be confused with the Social Emergence group, since it is offered on a more informal level. Like the Sibling Support Groups, the Asperger's Syndrome Support group is based on attendance and offered in our Bedford, Somerset, and New Kensington offices.

ABOUT THE SPECIALIZED AUTISM SERVICES OFFERED AT FAMILY BEHAVIORAL RESOURCES

Family Behavioral Resources recognizes the unique needs of children with Autism Spectrum Disorders. Our approach to treating these children builds upon the concepts of collaboration and teamwork in ensuring the highest level of clinical integrity in the support we provide to children with autism.

The Autism Team has had extensive experience in the field of clinical programming for children with autism. Our team at FBR also takes pride in its commitment to meeting the individual needs of each community we serve. In addition to these ongoing groups, FBR holds Helping Others Potential Expand (H.O.P.E.) for Tomorrow Focus groups to identify needs within communities we serve,

Our Family Support Coordinator, Catherine Hughes, is a parent of a child formerly diagnosed on the autism spectrum. She is available to parents for consultation about available resources and information. You can call her at 1-866-4-FBR-ASD (office), or send email to autismservices@familybehavioralresources.com.

Questions regarding the provision of Autism Services at FBR can be directed to Rick Murray, LSW, BCBA, Chief Operating Officer at 1-866-4-FBR-ASD (office), or send e-mail to autismservices@familybehavioralresources.com.

If you are a parent or family member struggling with the diagnosis of ASD, we encourage you to call one of our office locations listed on the back of the brochure.

You can speak to an individual group facilitator, or to Catherine Hughes, Family Support Coordinator, about how our support groups can help your family.